Bridging the Disconnect between Healthcare Providers and Information Technologists

Privacy and Security
The Patient's Perspective

April 9, 2010

Claremont Graduate University

Who said this?

- "Medical records would belong to patients.
 Clinicians, rather than patients, would need to have permission to gain access to them."
- "Individuals have the right to control and must have the ability to control – who can access their personal health information. All health information technology should be deployed to improve individual health, not to protect the status quo of proprietary claims to data."

Citations

- Don Berwick MD, nominee to lead CMS: What 'Patient-Centered' Should Mean: Confessions Of An Extremist, A seasoned clinician and expert fears the loss of his humanity if he should become a patient. in Health Affairs 28, no. 4 (2009): w555—w565 (published online 19 May 2009; 10.1377/hlthaff.28.4.w555)
- Newt Gingrich, Former Speaker of the House, testimony March 15, 2006 before the House Subcommittee on the Federal Workforce and Agency Organization

2 Key reference articles

- What 'Patient-Centered' Should Mean: Confessions Of An Extremist, A seasoned clinician and expert fears the loss of his humanity if he should become a patient. In Health Affairs 28, no. 4 (2009): w555 w565 (published online 19 May 2009; 10.1377/hlthaff.28.4.w555) by Don Berwick.
- Improve Privacy in Research by Eliminating Informed Consent? IOM Report Misses the Mark. In The Journal of Law, Medicine & Ethics, Volume 37, Issue 3 (p 507-512) by Mark A. Rothstein.

US has no definition of 'privacy'

What does 'privacy' mean?

Privacy means control over personal information.

Without control, you have no privacy.

Americans have no control over personal health data

HIPAA eliminated consent

did not pass a federal medical privacy statute, so the Dept. of 1996 Health and Human Services (HHS) was required to develop regulations that specified patients' rights to health

Congress passed HIPAA, but

"... the Secretary of Health and Human Services shall submit to [Congress]...detailed recommendations on standards with respect to the privacy of individually identifiable health information."

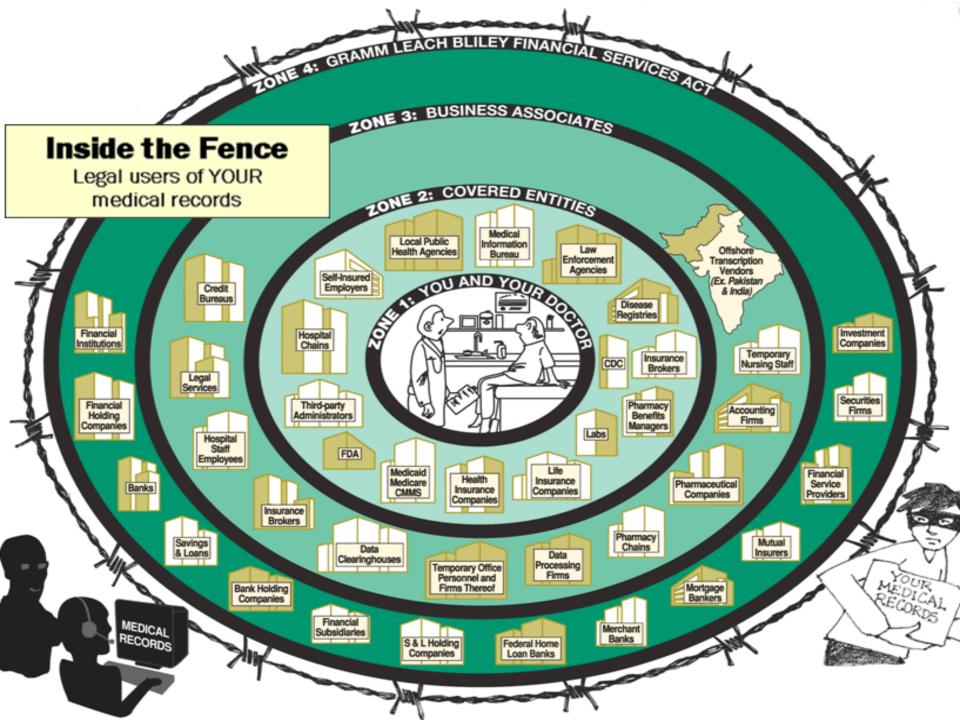
President Bush implemented the HHS HIPAA "Privacy 2001 Rule" which recognized the "right of consent".

privacy.

"....a covered health care provider must obtain the individual's consent, in accordance with this section, prior to using or disclosing protected health information to carry out treatment, payment, or health care operations."

HHS amended the HIPAA "Privacy Rule", eliminating the 2002 "right of consent".

"The consent provisions...are replaced with a new provision...that provides regulatory permission for covered entities to use and disclose protected health information for treatment, payment, healthcare operations."



Consequences:

- JOB LOSS/ denial of promotions
 - health data is used to discriminate
- Millions AVOID needed treatment
- Bad data/ no data = poor quality of research
 - people avoid participation, lie, omit
- Insurance and credit discrimination

HIT designed for mining and selling PHI without consent will not be trusted and fail

American Employers Discriminate

 35% of Fortune 500 companies admit to using medical records for hiring and promotions

65 Fed. Reg. 82,467

Wal-Mart Memo Suggests Ways to Cut Employee Benefit Costs



"Redesign benefits and other aspects of the Associate experience, such as job design, to attract a healthier, more productive workforce."

"The team is also considering additional initiatives to support this objective, including: all jobs to include some physical activity (e.g., all cashiers do some cart gathering)." October 26, 2005

The New York Times

HHS citations: harms from lack of privacy

- HHS estimated that 586,000 Americans did not seek earlier cancer treatment due to privacy concerns.
- HHS estimated that 2,000,000 Americans did not seek treatment for mental illness due to privacy concerns.
- Millions of young Americans suffering from sexually transmitted diseases do not seek treatment due to privacy concerns.

65 Fed. Reg. at 82,777

The California Health Care Foundation found that **1** in **8** Americans have put their health at risk *because of privacy concerns*:

- Avoid seeing their regular doctor
- Ask doctor to alter diagnosis
- Pay for a test out-of-pocket
- Avoid tests

Employers Discriminate

35% of Fortune 500 companies admit to using medical records for hiring and promotions

65 Fed. Reg. 82,467. (BEFORE the amended HIPAA Privacy Rule)

- The Rand Corporation found that 150,000 soldiers suffering from PTSD do not seek treatment because of privacy concerns
- The lack of privacy contributes to the highest rate of suicide among active duty soldiers in 30 years

"Invisible Wounds of War", the RAND Corp., p. 436, (2008)

NIH: harms from lack of privacy

"It's pretty clear that the public is afraid of taking advantage of genetic testing," said Dr. Francis S. Collins, director of the National Human Genome Research Institute at the National Institutes of Health.

"If that continues, the future of medicine that we would all like to see happen stands the chance of being dead on arrival." Studies/polls/focus groups on consumers' expectations of control over PHI for clinical uses and research

10 Million Americans Want Privacy

The bipartisan Coalition for Patient Privacy, 2010

AIDS Action

American Association of People with Disabilities

American Association of Practicing Psychiatrists

American Chiropractic Association

American Civil Liberties Union

American Conservative Union

American Psychoanalytic Association

Association of American Physicians and Surgeons

Bazelon Center for Mental Health Law

Bob Barr (former Congressman R-GA)

Citizens for Health

Citizen Outreach Project

Clinical Social Work Association

Consumer Action

Consumers for Health Care Choices

Cyber Privacy Project

Doctors for Open Government

Ethics in Government Group

Fairfax County Privacy Council

Family Research Council

Free Congress Foundation

Georgians for Open Government

Gun Owners of America

Health Administration Responsibility Project, Inc.

Just Health

Multiracial Activist

Microsoft Corporation Inc.

National Center for Transgender Equality

The National Center for Mental Health Prof. & Consumers

National Whistleblower Center

National Workrights Institute

Natural Solutions Foundation

New Grady Coalition

Pain Relief Network

Patient Privacy Rights Foundation

Privacy Activism

Privacy Rights Now Coalition

Private Citizen, Inc.

Republican Liberty Caucus

Student Health Integrity Project

TexPIRG

Thoughtful House Center for Autism

Tolven, Inc.

Tradition, Family, Property, Inc.

Universata, Inc.

U.S. Bill of Rights Foundation

You Take Control, Inc.

AHRQ: 2009 20 focus groups

- A majority want to "own" their health data, and to decide what goes into and who has access to their medical records (AHRQ p. 6).
- There was near universal agreement in all focus groups that if medical data are to be stored electronically, health care consumers should have some say in how those data are shared and used. (AHRQ p.29)

- A majority believe their medical data is "no one else's business" and should not be shared without their permission. This belief was expressed not necessarily because they want to prevent some specific use of data but as a matter of principle. (AHRQ p. 18)
- Participants overwhelmingly want to be able to communicate directly with their providers with respect to how their PHI is handled, including with whom it may be shared and for what purposes.
 Most believe they should automatically be granted the right to correct misinformation (AHRQ p.33)

 In fact, in the AHRQ Report they learned there was no support for the establishment of general rules that apply to all health care consumers. Participants thought that health care consumers should be able to exert control over their own health information individually, rather than collectively.

(AHRQ p. 29)

AHRQ Publication No. 09-0081-EF "Final Report: Consumer Engagement in Developing Electronic Health Information Systems" Prepared by: Westat, (July 2009)

http://healthit.ahrq.gov/portal/server.pt/gateway/PTARGS 0 1248 888520 0 0 18/09-0081-EF.pdf

NPR/Kaiser/Harvard 2009 Poll

The Public and the Health Care Delivery System

59% are NOT confident that if their medical records and PHI were stored electronically and shared online, that those records would remain confidential

NPR/Kaiser/Harvard 2009 Poll

76% believe it likely that an unauthorized person would get access to their medical records if the US adopts a system where medical records are kept electronically and shared online.

http://www.kff.org/kaiserpolls/upload/7888.pdf

Research on Consent and NBS Programs

From Public Health Genomics

Westin/Harris Survey for the Institute of Medicine

Results of a National Survey
Commissioned by the Institute of
Medicine Committee on
"Health Research and the Privacy of
Health Information: The HIPAA Privacy
Rule"

Original Report - November 2007; Revised and expanded - March 2008

IOM Survey: People Won't Participate in Research Without Privacy

by Dr. Alan F. Westin

- Only 1% agreed that researchers would be free to use personal medical and health information without consent
- Only 19% agreed that personal medical and health information could be used as long as the study "never revealed my personal identity" and it was supervised by an Institutional Review Board.

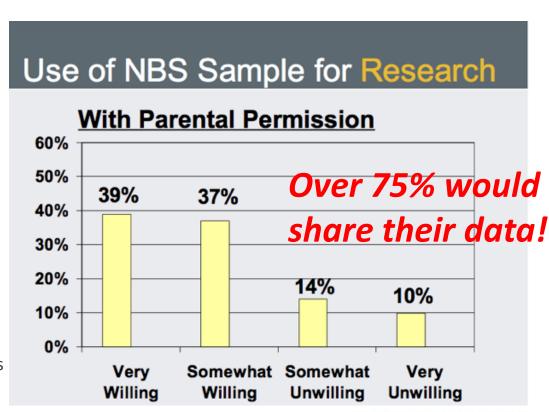
When Asked, Consumers Support Use of Their Data

"How willing are you to have your child's blood sample (from newborn screening) used for future research studies, with (or without) your permission?"

Four choices were:

- Very willing
- Somewhat willing
- Somewhat unwilling
- Very unwilling

<u>Source</u>: Dr. Aaron Goldenberg (Case Western Reserve), <u>Public Health Genomics</u>, July 9, 2009 (as reported at Genetic Alliance Conference on Newborn Screening, December 2009).



CASE WESTERN RESERVE UNIVERSITY

When Asked, Consumers Support Use of Their Data

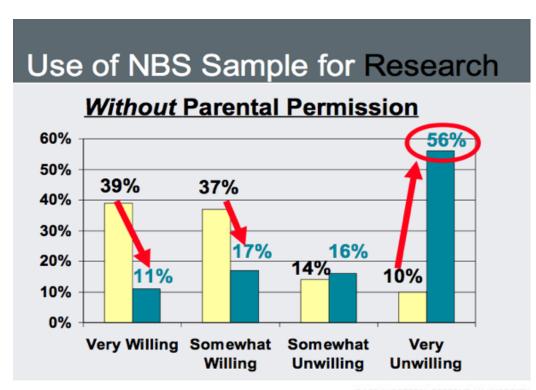
"How willing are you to have your child's blood sample (from newborn screening) used for future research studies, with (or without) your permission?"

WITHOUT CONSENT Only 28% were OK with research and 72% were NOT OK with research

Four choices were:

- Very willing
- Somewhat willing
- Somewhat unwilling
- Very unwilling

<u>Source</u>: Dr. Aaron Goldenberg (Case Western Reserve), <u>Public Health Genomics</u>, July 9, 2009 (as reported at Genetic Alliance Conference on Newborn Screening, December 2009).



Privacy Rights in Federal and State Law

ARRA—historic new privacy rights

Old rights under HIPAA:

- Providers may offer consent (Original HIPAA Privacy Rule), so patients can restrict disclosures---not addressed
- Psychotherapy Notes require consent to disclose---not addressed

New rights:

- Ban on sales of PHI (Protected Health Information)---2010
- Segmentation---delayed
- Audit trails x 3 years---2011 or later
- Breach notice---2010
- Encryption
- Patient can prevent disclosures of PHI for 'payment and healthcare operations' if pays out-of-pocket--not addressed
- Consent Technologies---2014 or later

Solutions:

Meet demand for privacy via privacy-enhancing technologies

Do Not Disclose



Register on the National Do Not Disclose List

Let Congress know that you want a Do Not Disclose list.

Do you want:

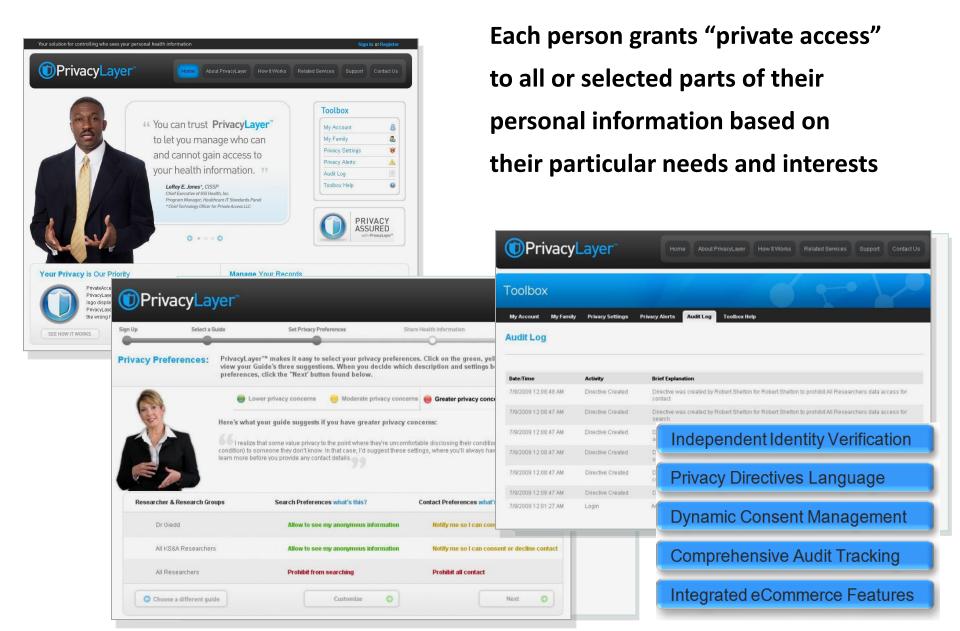
- To choose who can see and use your personal information, from prescriptions to DNA?
- To protect your children's health information, so it won't be used against them in the future for jobs or credit?
- To get a clear explanation of how your information will be used before you decide to share it?

Then sign up to support the "Do Not Disclose" campaign!

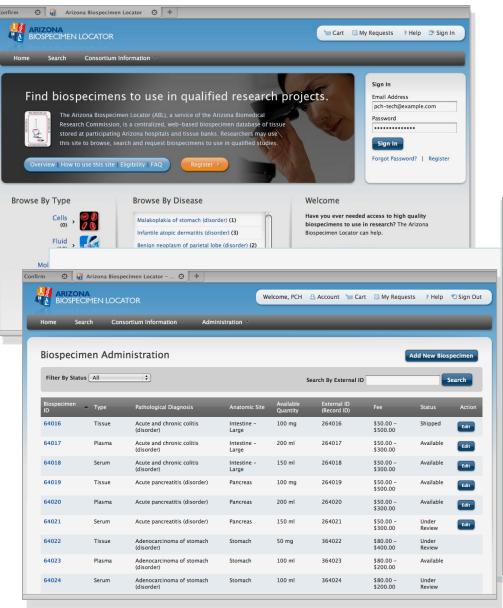
Sign Up Today!

TELL - A - FRIEND

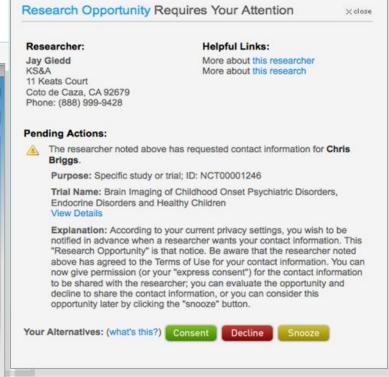
Consent Solutions So Far for Research Biobanks



ABRC Biospecimen Locator Service



... consent can be integrated into cutting-edge applications such as services for locating biospecimens for use in qualified research projects



Pfizer And Private Access to Develop Online Community for Clinical Research

Wednesday, August 19, 2009

Pfizer and Private Access have begun a collaborative partnership into the world of online communities.

According to the <u>press release</u>, Private Access allows patients to control to whom, and for what purposes, they grant access to see all or selected portions of their personal health information. By granting "private access" only to researchers focused on the conditions that interest them, patients can be more quickly and precisely matched to appropriate clinical trials while simultaneously protecting their confidential personal health information.

http://epharmasummit.blogspot.com/2009/08/pfizer-and-private-access-to develop.html

Open Source Consent Solutions

- Adapt/use the National Data Infrastructure Improvement Consortium (NDIIC) open source electronic consent module as the minimum standard for consent tools in PHRs and for all HIT
- Require the strong privacy protections in 43 CFR Part 2 be extended to cover all personal health information (PHI), wherever it is held.

Audit trails based on authentication

Mar 01, 2010

Imprivata's New Product Helps Hospitals Proactively Investigate and Audit Access to Patient Health Information

PrivacyAlert[™] Quickly Detects Snooping and Identity Theft of Medical Records

Imprivata PrivacyAlert quickly detects snooping, identity theft and general inappropriate access of medical records through its automated pattern recognition, which delivers alerts on more than 100 patient privacy scenarios. Users can deploy automated and scalable privacy monitoring policies that assist in investigating and reporting on patient data privacy breaches.

Imprivata PrivacyAlert enables information security officers and privacy officers to deploy automated and scalable privacy monitoring solutions that assist them in investigating and reporting on patient data privacy breaches.

Ability to set and focus investigation criteria on employee, patient or combination of both. Out-of-the-box support for all leading healthcare applications including Eclipsys, GE Centricity Enterprise, MEDITECH Magic, Siemens Invision and others.

http://www.marketwire.com/press-release/Imprivatas-New-Product-Helps-Hospitals-Proactively-Investigate-Audit-Access-Patient-1123908.htm

Deborah C. Peel, MD

Founder and Chair (O) 512-732-0033

<u>dpeelmd@patientprivacyrights.org</u> <u>www.patientprivacyrights.org</u>

patientprivacyrights

HIT systems and products:

EHRs, PHRs, e-prescribing, etc, etc

Data mining by federal and corporate design

- Weak Security
- No privacy
- Secondary Use

No trusted seal-of-approval for privacy and security (yet)

Weak Security

- Easy to hack
- Strong 2-factor authentication not required
- Data encryption at rest not required
- Loss/theft of mobile devices
- No role-based access, i.e., no consumer access controls (hacking from the inside)
 - Example: in an 8-hospital system all 33,000 employees can access every patient record



Working to Resolve Identity Theft

2010: # of Breaches through March

Medical/Healthcare

Totals for Category:

of Breaches: 44

• # of Records: 132,089

% of Breaches: 22.9

• % of Records: 2.1%

All Categories

Totals for All Categories:

of Breaches: 192

of Records: 6,739,583

% of Breaches: 100.0

% of Records: 100.0%



2009 Data Breaches – Paper vs. Electronic Summary

Totals for Electronic records:

of Breaches: 369

of Records: 222,286,837

of Health records: 11,279,390

% of Breaches: 74.1

% of Records: 99.9

Totals for Paper records:

of Breaches: 129

of Records: 190,206

% of Breaches: 25.9

% of Records: .01

BUT in more than 52% of the breaches publicly reported, NO statement of the number of records exposed is given. Therefore, it is *unknown* how many total records may have been exposed due to breaches in 2009.



2009 - type of breach

2,532,674+ Data on the Move

21,780+ Subcontractors

8,501,878+ Hacking

3,317+ Accidental Exposure

13,871+ Insider Theft

245,698+ Unknown Attributes (type not reported)

Identity Theft Resource Center

http://www.idtheftcenter.org/index.html

Electronic medical records at risk of being hacked, report warns

CIO news

By Linda Tucci, Senior News Writer 19 Sep 2007 | SearchCIO.com

The electronic health record systems that automate the digitized medical histories of U.S. patients are severely at risk of being hacked, a new report has claimed.

"There was not one system we could not penetrate and gain control of data," said eHVRP board member Daniel S. Nutkis. "These systems were not any worse than banking systems. But the banking systems have elaborate security mechanisms sitting on top of them."

The eHVRP report is based on a 15-month study of more than 850 provider organizations.

NIH Data Breaches

- Barton health records stolen and he's ticked
 Dallas Morning News, April 3, 2008, by Todd J. Gillman

 Rep. Joe Barton revealed Thursday that he is one [of the 3,000+] heart patients whose medical records were on an unencrypted laptop stolen from a National Institutes of Health researcher.
- New York Times Editorial re: NIH Breach, March 26, 2008 "There should be a federal law imposing strict privacy safeguards on all government and private entities handling medical data. Congress should pass a bill like the Trust Act, introduced by Representative Edward Markey, a Democrat of Massachusetts, imposing mandatory encryption requirements and deadlines for notifying patients when their privacy is breached. As the N.I.H. has shown, medical privacy is too important to be left up to the medical profession."

Georgia Patients' Records Exposed on Web for Weeks

The New York Times, April 11, 2008, by Brenda Goodman

- A company hired by the State of Georgia to administer health benefits for low-income patients is sending letters to notify tens of thousands of residents that their private records were exposed on the Internet for nearly seven weeks before the error was caught and corrected, a company spokeswoman said on Thursday.
- The records of as many as 71,000 adults and children enrolled in the Medicaid or PeachCare for Kids programs were inadvertently posted on Feb. 12, said Amy Knapp, a spokeswoman for the company, WellCare Health Plans Inc., whose headquarters are in Tampa, Fla.

COMPUTERWORLD

Portable Storage Devices Pose IT Security Risk

How much damage can a memory stick or iPod do? Plenty, say users and Analysts

March 27, 2006 (Computerworld) -- Baptist Memorial Health Care Corp. in Memphis, TN

- users found it difficult to copy significant amounts of data to floppy disks, and the company "did not allow CD writers"
- users turned to "the USB flash drive, with enormous capacity and zero installation
- only about 10% of companies have any policies dealing with removable storage devices

http://www.computerworld.com/action/article.do?command=viewArticleBasic&taxonomyName=management &articleId=109911&taxonomyId=14&intsrc=kc_feat

No privacy

- Over 4 million 'covered entities', including providers, self-insured employers, data warehouses, etc, can access protected health information for treatment, payment, and healthcare operations
- Millions more 'business associates' can use data without consent
- Audit trails NOT required for all uses and disclosures

Secondary Use/Sale

- The business model for many HIT software/systems is selling data
- Major academic hospitals sell patient data
- Insurers sell data
- All prescriptions are data mined and sold
- PH data on every American is sold

Healthcare IT News

Practice Fusion expands, shows signs of rapid growth

By <u>Diana Manos, Senior Editor</u> 12/31/07

Practice Fusion subsidizes its free EMRs by selling de-identified data to insurance groups, clinical researchers and pharmaceutical companies.

Howard said he does not expect data-sharing will be a concern to physicians who use Practice Fusion's EMRs. "Every healthcare vendor is selling data."

EMR vendor sells patient data to forprofit genetics research firm

Healthcare IT News, 3/20/2008 by Richard Pizzi

- "Perlegen Sciences, Inc., a company exploring the clinical application of genetic research, plans to collaborate with an undisclosed electronic medical records vendor to identify and develop genetic markers that predict how patients are likely to respond to specific medical treatments.
- Under the terms of the agreement, Perlegen, based in Mountain View, Calif., will have exclusive access to the EMR vendor's database of U.S. records for the purpose of assessing and selecting patients from whom appropriate genetic samples could be collected."

In August, 2006, a large insurer, with plans in all 50 states, announced the creation of a new business unit to aggregate and sell the claims and health records of 79 million enrollees:

The Medical Director said that the intended use of the database is to "service the big employers that pay the bills and want to pay smaller bills for health insurance."

He was "very enthralled about the ability to help multi-state employers fix their healthcare costs." During the one and one-half years that the plan had been building the database, he had "never heard about privacy concerns."

Personal health information is for sale

Table 1: Sample Data Elements for Commercial and Medicare Databases

Demographic	Medical Information (Inpatient and Outpatient)	Health Plan Features	Financial Information	Drug Information	Enrollment Information
Patient ID	Admission date and type	Coordination of benefits amount	Total payments	Generic product ID	Date of enrollment
Age	Principal diagnosis code	Deductible amount	Net payments	Average wholesale price	Member days
Gender	Discharge status	Copayment amount	Payments to physician	Prescription drug payment	Date of disenrollment
Employment status and dassification (hourly, etc.)	Major diagnostic category	Plan type	Payment to hospital	Therapeutic class	
Relationship of patient to beneficiary	Principal procedure code		Payments—total admission	Days supplied	
Geographic location (state, ZIP Code)	Secondary diagnosis codes (up to 14)			National drug code	
Industry	Secondary procedure codes (up to 14)			Refill number	
	DRG			Therapeutic group	
	Length of stay				
	Place of service				
	Provider ID				
	Quantity of services				

Medicare and Medicaid data is for sale

Uninsured Medicaid 15% 12% Individual 5% Medicare w/o ES 8% Medicare & Employer Supplemental (ES) Employer Source: State Health Facts Online, The Henry J. Kaiser 57% Family Foundation, www.statehealthfacts.kff.org; U.S. residents - 285,007,110. Note: Percentages do not add to 100% because of rounding.

Figure 1: Population Distribution by Insurance Status — 2002

To address the need for better data on privately insured Americans, Thomson Medstat created the MarketScan® data collection. Since its creation, MarketScan has been expanded to include data on Medicare and Medicaid populations as well, making it one of the largest collections of claims-based patient data in the nation. MarketScan data reflect the real world of treatment patterns and costs by tracking millions of patients as they travel through the healthcare system, offering detailed information about all aspects of care. Data from individual patients are integrated from all providers of care, maintaining all healthcare utilization and cost record connections at the patient level.

All 55,000 American pharmacies are data mined daily

- Nex2, Inc. (Sold to United Healthcare in 2002):
 - In stealth-mode, Nex2 built what are arguably the largest, near-realtime drug history databases in the world, with over 200 million Americans' five-year running drug histories online (over 12 TB total). The databases are updated every 24 hours by every retail pharmacy in America via the PBMs... [these] prescription profiles acting as a powerful surrogate for the medical record itself.
- All of this is HIPAA compliant because the insurance company always has the release, signed by the individual applicant. United Healthcare's *Ingenix unit now runs these massive virtual* database operations, still in stealth-mode, for obvious reasons.

Businessweek July 23, 2008:

"They Know What's in Your Medicine Cabinet, How insurance companies dig up applicants' prescriptions—and use then to deny coverage"

http://www.businessweek.com/magazine/content/08 31/b4094000643943.htm?chan=magazine+channel in+depth

DATA ON DEMAND

Two companies dominate the field of selling prescription information to insurance companies:

	MEDPOINT	INTELLISCRIPT		
Parent	UnitedHealth Group's Ingenix	Milliman		
Location	Eden Prairie, Minn.	Brookfield, Wis.		
History	UnitedHealth acquired MedPoint in 2002 from a small, Utah- based health-technology company, Nex2	Milliman, a Seattle consulting firm, acquired IntelRx and its IntelliScript product in 2005		
Fine print	Delivers five-year history of drug purchases, dosages, refills, and possible medical conditions	Similarly provides five-year purchase history, which includes information on pharmacies and treating physicians		
Pitch to insurers	"Identify high-risk individuals, reduce costs, lower loss ratios, and increase revenue"	"Clients report financial returns of 5:1, 10:1, even 20:1"		
Data: MedPoint and IntelliScript				



"It's pretty clear that the public is afraid of taking advantage of genetic testing," said Dr. Francis S. Collins, director of the National Human Genome Research Institute at the National Institutes of Health.

"If that continues, the future of medicine that we would all like to see happen stands the chance of being dead on arrival."

The New york Times

Insurance Fears Lead Many to Shun DNA Tests

By **AMY HARMON**

Published: February 24, 2008



Katherine Anderson, seen in a checkup last week, developed a blood clot last year partly due to an undiagnosed genetic condition.