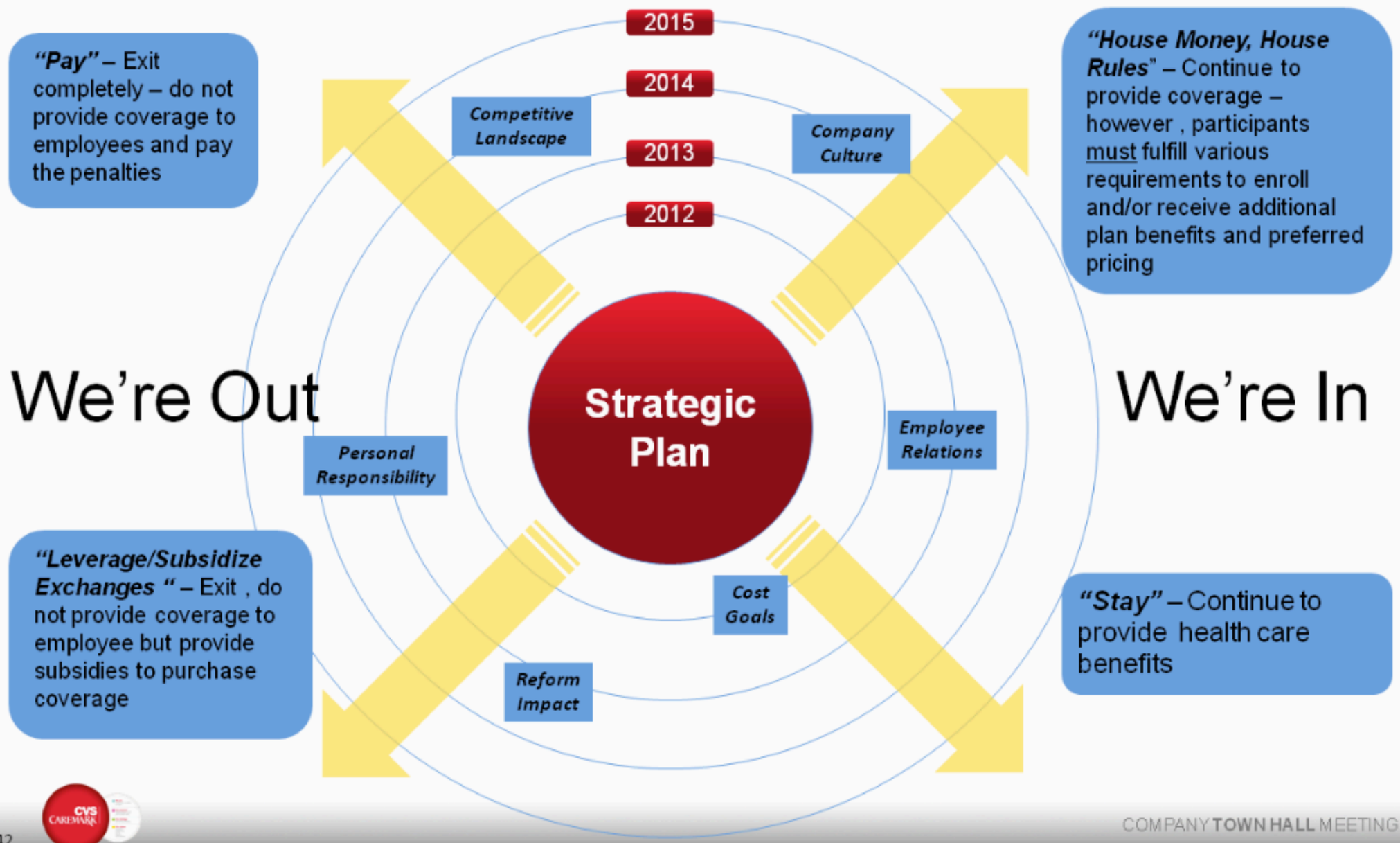Our Health Care Choices